

Daily Snack Breakdowns

Foster, Hoover, Jefferson, Lincoln, Markham, KC Howe, KCHoover

Item	Fruit Cups (Serve w/2 saltines)	Bags Doritos, Cheetos, Lays, Popcorn	String Cheese (Serve with 4 saltines)	Beef Jerky (Serve with 4 saltines)	Goldfish	Chatsnax	Cheez its
Total	36	64	168	216	60	210	60
Daily #	7	12	16	17	12	17	12

Item	Chocolate Oatmeal bar	Oatmeal rounds	Cereal Bar (Cinn Toast Crunch, Cocoa Puff	Cups Pudding, Jello, Yogurt (Serve w/2 saltines)	Apples (Serve w/2 saltines)
Total	144	126	96	48	138
Daily #	14	12	10	10	13

Daily Substitution: 6 Saltines