

Lesson Plan Form

Day and Date: Monday 10/21/24

Staff Member(s) Leading Activity: Sharon Riesmeyer



Think About It:					
Activity Title/Description:	Upside Down Glasses Resilience Challenges				
Skills children will accomplish:	Teamwork Fine oral motor skills Spatial awareness and directionality				
Which S.T.E.A.M. skills can be applied?					
Child's Role in the Activity (e.g., Leadership/Participant)	participant				
Is additional staff needed? If so, describe.	no				
Space Needed:	cafeteria				
Activity will work in multiple spaces?	yes				
Materials Needed?	Upside down Challenge Game Glasses (2) which I have. assorted solo cups, whiteboard, pom poms, marker (2)				
Activity Introduction/ Sell It:	Just like the kids in series of unfortunate events, we will be challenging your ability to overcome obstacles by wearing upside down glasses & completing some simple & silly tasks.				
Activity Directions:	1. First the children will mix their own bubble solution in a small cup. 2. They will each get food coloring of their choice dropped into the bubble cup. 3. The children will use the straw to blow bubbles in their cup. 4. Once bubbles are formed, the children will lay the fresh paper on the				

1. Have glasses & all items on hand
 2. Divide kids into 2 teams?
 3. Start by having 1 kid from each team compete to complete each challenge.
 Winner of 2 scores point for team.
 4. Have other challenges ready for kids if they finish early.